



The Cross Border Speed Championship  
East Ayrshire Car Club



**October Kames (CW) Sprint**  
**Sunday 01/10/2017**  
MSA Permit No. 103326

**Final Instructions**

Dear Competitor

On behalf of the Cross Border Speed Championship (XBC) and East Ayrshire Motor Club, we would like to welcome you to our season closing event at Kames Motorsport Complex.

This event is a the final round of the **Cross Border Speed Championship** sponsored by **VanLine UK** and **RaceAutomobilia.com**, and the final round of the **Lowland Speed Championship** sponsored by **MAXSport Competition Tyres (Scotland)**, and we are delighted to welcome competitors in these Championships, as well as all of our individual competitors.

**Event Officials**

MSA Steward	Keith King		
Clerk of the Course:	James Stronach		
Secretary of Meeting:	Cameron Fair		
Club Stewards:	Richard Shaw,	Colin Sutherland,	Iain Scouler
Chief Scrutineer:	Robin Wallace		
Timekeeper:	Declan McAleer		
Results:	Declan McAleer		
Track Controller:	Dave Clark		
Medical Officer:	Sandy Lochrie		
Chief Marshal:	Chaz Marshman		
Rescue:	Darlington Recovery (David Boyd & Mark Aspin)		
Recovery:	Cameron Fair		
Signing On:	Margaret Coleman,	Russell Fair	
Commentary:	Iain Scouler		

**Track Location**

Kames Motorsport Complex  
Furnace Road  
Muirkirk  
KA18 3QQ

Google Maps Link : <https://goo.gl/maps/U2ZLK>



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## Event programme

Signing on starts:	08:00	(signing on cabin at top paddock gate)
Scrutineering starts:	08:00	(in situ & class order)
Drivers briefing:	08:45	(at signing on cabin or in Club House if wet)
Practice starts:	09:00	(2 runs planned)
First competitive runs:	13:00	(2 runs planned)

## Entry List

A live database generated entry list will be available from <http://www.CrossBorderSpeed.co.uk> from the date of entries opening.

## Notes

Please ensure you have your competition licence, club card and all other necessary documentation ready for inspection at signing on or scrutineering.

Road car drivers are reminded that they must be able to prove their vehicles are both MOT'd and taxed if requested to do so.

Running order will be according to Car Number. For double entries the first nominated driver will take their run as per running order, with the second driver running as soon as possible after the first driver.

Double entries must run with the correct numbers. Failing to do so may result in no times being recorded.

Tyre warming must only take place in the indicated area between the paddock gates and the start line.

Competitors are requested to take a sensible approach if they inadvertently leave the track.

**DO NOT SPIN TYRES & AWAIT ASSISTANCE IF REQUIRED.**

Competitors who consistently cut corners will be penalised.

Results will be available online through the day at <http://www.resultsman.co.uk> subject to internet availability.

Awards will be presented as soon as possible after the event has finished.

Competitors are reminded to leave all facilities offered to them at the complex in the condition in which they found them. Please place all rubbish in bins provided or take it home.

**Waste oil must not be left at the complex.**

If you have any questions, please contact :

[Ronnie@CrossBorderSpeed.co.uk](mailto:Ronnie@CrossBorderSpeed.co.uk)

[Dave@CrossBorderSpeed.co.uk](mailto:Dave@CrossBorderSpeed.co.uk)



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accessories ltd  
VanLineUK.co.uk

HISTORICS  
COLLECTION  
RaceAutomobilia.com

### **When You Arrive at Kames**

Please use the top entry gate only (opposite the clock tower). This has been widened and set back from the road for ease of access. Please be mindful that residents of Muirkirk live on this road, so noise should be kept to a minimum (particularly if you are arriving early in the morning or late in the evening). If you are arriving on the evening before the event, please contact us in order that access to the complex may be arranged.

The public road should not be blocked by cars or trailers at any time.

We also request that all generators are turned off by 10pm.

When practice starts the top entry gate will be closed to competitors. If you arrive after this time, please use the lower entry gate and unload your car in the trailer park, as the lower paddock will be in full use. Please contact the paddock marshal if you need assistance.

### **Road Cars**

When you arrive at the complex, please unload your car in the lower paddock and promptly remove your trailer to the trailer park. Please park your trailer around the perimeter of the trailer park and try to avoid blocking others in or stopping others from using valuable space.

Please use the trailer parking as designated and do not abandon trailers on the grass area in front of the old toilets as this space is required for campers and for access. Please check your paddock space in advance or check with the paddock marshal and park your car in the correct paddock space as quickly as possible.

### **Single Seaters**

Racing cars have a larger allocation, with space allowed for support vehicles in the lower paddock.

### **After the Event**

The awards will be presented in a brief presentation around 45 minutes after the last car has completed its timed run.

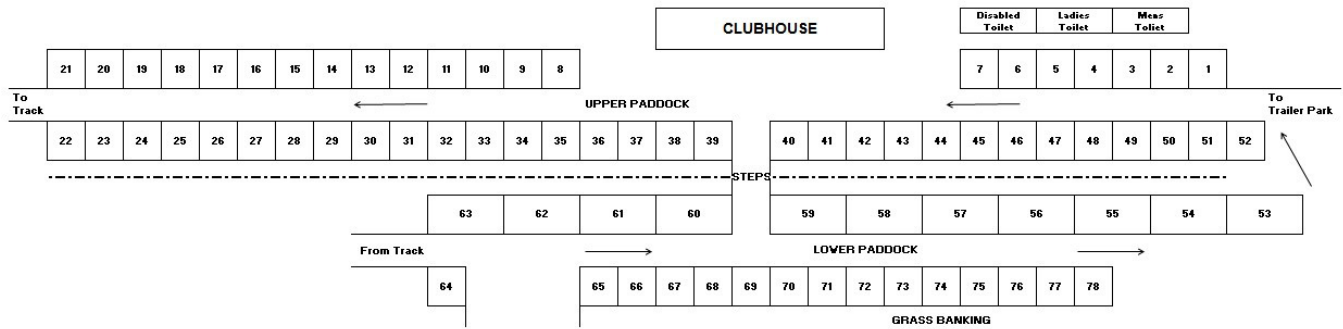
If you are leaving the event before the end of the day please show consideration for those still competing, retrieve your trailer only when it is safe to do so, and load your car up without impeding the running of the event.

Thank you for your support. The XBC Team looks forward to welcoming you to October Kames.

Ronnie MacGregor & Dave Exton

→ **MOTORSPORT CAN BE DANGEROUS** ←

## Paddock Layout (2016 onwards)



- Kames Motorsport Complex is beside a residential area. Please respect it as such and be considerate to our neighbours.  
Ensure all generators are switched off by 10pm.  
All dogs must be kept on leads.
- Camping is permitted on the grass area above the lower paddock. Shower and toilet facilities are available for all competitors use.
- Please remove your trailer to the trailer park as soon as practically possible to ensure minimum disruption to traffic flow.

## Information for the commentary team

We'd appreciate if you could give us some background information on yourself and your car to use in the commentary.

We will be having a commentary throughout the day, plus updates on scores as they become available.

The commentary attracts and entertains spectators.

They pay to see the show and this helps to offset running costs, and keep entry fees down, so your help here is much appreciated.



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Car Number :

### Information for Commentary

We'd appreciate if you could give us some background information on yourself and car to use in the commentary. We will be having commentary throughout the day, plus updates on scores as they become available. The commentary attracts spectators and they pay to see the "show" which helps offset running costs, keeping entry fees down. We'll mention your sponsors which may help keep them sweet for next year!

Please give as much information as you can and don't assume we know all about you and your car.

Driver:	Hometown:
Occupation:	
Car:	Class:
History & specification of car:	
History of driver:	
Championships entered:	
Sponsors:	
Results in motorsport:	
Strangest incidents so far:	
Other interesting facts or confessions:	

Use additional paper or rear of this sheet if you need more space

Please complete & hand in at signing on.

## *Supplement to the Kames Motor Sport Complex Safety Manual*

### **Health and Safety Advice to Competitors**

#### *Storage and Use of petroleum Spirit*

- All petroleum spirit must be stored in containers complying with the relevant British Standard, and away from any source of ignition.
- All empty containers must be removed from the complex after the event.
- Petrol is to be used as a fuel only, and not for any other purpose.
- All vehicle refuelling is to take place in the open air. A 'No Smoking' ban must be enforced by the person controlling the refuelling process.
- The Chief Marshal or his deputy must be informed of any fuel spillage, to ensure that it is dealt with promptly and in the proper manner.
- Attention is drawn to the Petroleum (Consolidation) Act 1928, and the Petroleum Spirit (Motor Vehicles) Regulations 1929.

#### **Hazardous Substances**

- Some vehicle parts, for example brake and clutch linings, may contain asbestos. Competitors and their support crew are encouraged to use non-asbestos substitutes wherever possible. Where asbestos is used, every effort should be made to ensure that asbestos dust does not get into the air.
- Some mineral oils, and other fluids such as brake fluid, may be a contributory cause of skin cancers. In view of this, prolonged contact should be avoided wherever possible. Where contact does occur, any contamination should be washed off immediately. The wearing of contaminated clothing should be avoided.
- Various other substances may cause disease or ill health even after very short exposures. Manufacturers and suppliers are obliged to provide information regarding any potential harmful effects of their products on request, and competitors are encouraged to obtain this information.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Control of substances Hazardous to Health (COSHH) Regulations 1994 must be complied with.

#### **Electrical Safety**

- The complex does not have mains electricity available to competitors or their teams.
- All electrical equipment used by competitors and/or their support crew must be maintained in a safe condition and suitable for outdoor use.
- Extension leads must be flexible and oil resistant. They must not be used in a manner that allows them to become entangled with other vehicles using the complex.
- Electrical equipment must not be used where petroleum spirit or other flammable material is present.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Electricity at Work Regulations 1989 must be complied with.

#### **Fire Precautions**

- Smoking is prohibited in the track assembly line, and any other area of the complex where flammable material is present.
- It is recommended that competitors carry a suitable fire extinguisher of a type in accordance with MSA regulations for their own use in the paddock. All competing vehicles must comply with MSA regulations regarding fire-extinguishing systems.
- All fires must be reported immediately to the Chief Marshal or his deputy.
- Competitors and their support crew must comply with all instructions from Officials should a general evacuation be required due to fire.

### ***Compressed Gas Equipment***

- Air blasts from over-inflated tyres and compressed air equipment can cause serious injury. Tyres should not be inflated above the manufacturer's recommendations.
- All air lines must be in serviceable condition and inspected regularly.
- Any form of horseplay involving compressed air is prohibited, and offenders render themselves liable to exclusion from the event.
- Compressed gas cylinders should be stored in accordance with the relevant working practices.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Transportable Gas Containers Regulations 1989 must be complied with.

### ***Jacks and Axle Stands***

- Vehicles should only be raised on jacks that are in good condition and rated to lift the vehicle weight safely.
- Vehicles should be jacked only on level, undamaged areas of the paddock.
- Jacks should be used for lifting the vehicle only. Axle stands must be used to support the weight of a vehicle for longer periods, and where work is required underneath the vehicle.
- Vehicle engines must not be run while the vehicle is supported by either jacks or axle stands, and offenders render themselves liable to exclusion from the event.

### ***General Working Practices***

- All working areas should be kept clean and tidy. Waste should be removed regularly and placed in the bins provided.
- All spillage must be cleaned up immediately.
- Trailing hoses and wires should not be allowed to create a trip hazard.
- All safety notices must be complied with.
- Any person carrying out work must ensure that safe working practices are adopted at all times, and comply with any relevant statutory provision and/or published guidance.
- Children under the age of 16 are excluded from the complex, unless accompanied and under the direct control of a responsible adult.

### ***Noise***

- Exposure to excessive noise may result in either permanent or temporary hearing loss.
- All persons should avoid exposure to excessive noise where this is avoidable, and wear earplugs/ear defenders to the appropriate British Standard.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Noise at Work Regulations 1989 must be complied with.

### ***Manual Handling of Loads***

- Lifting, carrying and propelling loads by bodily force is a major cause of injuries. All competitors and their support crew are encouraged to receive appropriate training in safe manual handling procedures.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Manual Handling of Loads Regulations 1992 must be complied with.

### ***Waste***

- All waste oil must be placed in the appropriate container located in the main paddock. No other waste may be left at the venue other than domestic litter, which must be placed in the litter bins provided.
- Attention is drawn to the requirements of the Environmental Protection Act 1990.

### ***Vehicle Safety***

- Competitors are reminded that the normal route through the upper and lower paddock is in an anti-clockwise direction. Competitors driving in the opposite direction (i.e. towards vehicles entering the paddock from the circuit) render themselves liable to exclusion from the event.

### ***First Aid***

- Persons sustaining injury or feeling unwell should seek treatment from the emergency service team adjacent to main Track Control.

### ***Water***

- A mains supply of drinking water is available in the main Club House. Competitors are advised that all other supplies within the complex are for service purposes only, and are not warranted to be safe for consumption.

### ***Public Safety***

- Competitors and their support crew are reminded that they share the complex with the public, and that the public may be in the proximity while a vehicle is undergoing service or repair.
- Competitors are reminded that a 10 mph speed applies to all areas of the complex other than the main circuit. Persistent offenders render themselves liable to exclusion from the event.

### ***Reporting of Accidents and Incidents***

- All accidents resulting in injury must be reported immediately to an Official, and recorded in the log maintained by East Ayrshire Car Club for such incidents.

### ***MSA Regulations***

- Competitors and Entrants are reminded of their obligations to comply with the requirements of the MSA General Regulations and Supplementary Regulations for the event. These notes should be read in conjunction with all other relevant regulations.

### ***Domestic Animals***

- Competitors are reminded that, as per MSA regulations, domestic animals are discouraged when the complex is in use. Where their presence is unavoidable, they must be secured either indoors or in a vehicle at all times when the circuit is being used for either practice or competition.